



**Lakeridge
Health**

Diagnostic Imaging Requisition

NAME:

DOB:

ADDRESS:

TELEPHONE # (H):

(W):

HCN:

Please indicate the location for this examination

Appointment Date

Appointment Time

| Tick Here | Location | Type of Exam | To Book an Appointment please Call | To Fax booked Requisition |
|-----------|---|--|--|--|
| | Lakeridge Health Ajax Pickering 580 Harwood Ave S (LHAP) | X-ray, US, BMD, Mammography, Echo | 905-721-4717 Select 1 905-683-2320 Ext. 1168 | 905-721-4740 905-428-5307 |
| | Lakeridge Health Bowmanville 47 Liberty St. S (LHB) | X-ray, US, Echo, Mammography | 905-623-3331 Ext. 7009 (Central Booking Office) | 905-697-4687 |
| | Lakeridge Health Oshawa 1 Hospital Court (LHO) | X-ray US Echo Mammo, Breast US BMD | 905-433-4305 905-721-4717 Select 2 905-721-4717 Select 2 905-721-4717 Select 2 905-721-4717 Select 2 | 905-721-4770 905-721-4708 905-721-4863 905-721-7795 905-721-4762 |
| | Lakeridge Health Port Perry 451 Paxton St (LHPP) | X-ray, US | 905-985-7321 Ext. 5572 | 905-985-5816 |

Children will not be allowed in the Exam Room. Please make necessary babysitting arrangements. Please bring this requisition and your health card with you. Follow ALL preparation instructions given. (SEE REVERSE)

ABDOMEN:

- ☐ SUPINE ABD (KUB)
☐ 3 VIEWS (ACUTE ABD SERIES)

HEAD AND NECK:

- ☐ SKULL
☐ SINUSES
☐ FACIAL BONES
☐ NASAL BONES
☐ ORBIT ☐ PRE-MRI ORBIT
☐ MANDIBLE
☐ TM JOINTS
☐ ADENOIDS
☐ ST NECK

CHEST:

- ☐ PA & LAT
☐ PA CXR
☐ CXR INSP. & EXPIR.
RT ☐ LT ☐ RIBS + PA CXR
☐ STERNUM

SPINE & PELVIS:

- ☐ CERVICAL SPINE
☐ THORACIC SPINE
☐ LUMBO-SACRAL
☐ SACRUM & COCCYX
☐ PELVIS
☐ PELVIS & BOTH HIPS
☐ SI JOINTS
☐ SCOLIOSIS (LHO, LHAP by appt)
☐ LEG LENGTH (LHO, LHAP by appt)

MISCELLANEOUS:

- ☐ FOREIGN BODY LOCALIZATION
☐ SKELETAL SURVEY (by appt)
☐ BMD (by appt)
☐ OTHER EXAMS: _____

UPPER EXTREMITY:

RT LT

- ☐ CLAVICLE
☐ AC JOINTS
☐ SHOULDER
☐ SCAPULA
☐ HUMERUS
☐ ELBOW
☐ FOREARM
☐ WRIST
☐ SCAPHOID
☐ HAND
☐ DIGIT 1 2 3 4 5

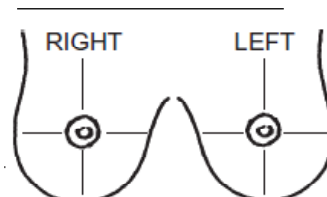
LOWER EXTREMITY:

RT LT

- ☐ HIP
☐ FEMUR
☐ KNEE
☐ TIB/FIB
☐ ANKLE
☐ FOOT
☐ TOES 1 2 3 4 5
☐ CALCANEUS

BY APPOINTMENT ONLY:

- ☐ MAMMOGRAM
☐ SCREENING
☐ ULTRASOUND ☐ RT ☐ LT
☐ BILATERAL US (TRIAGED BY RAD)



Indicate area of concern

BY APPOINTMENT ONLY

ULTRASOUND:

- ☐ ABDOMEN
☐ PELVIS
☐ OBS _____ WKS
☐ BIOPHYSICAL PROFILE
☐ 2nd TRIMESTER ANATOMICAL SURVEY
☐ SCROTUM
☐ THYROID
RT ☐ LT ☐ SHOULDER/MSK OTHER
☐ OTHER _____

- ☐ CAROTID DOPPLER ☐ ARM
RT ☐ LT ☐ ARTERIAL DOPPLER ☐ LEG (LHAP)
RT ☐ LT ☐ VENOUS DOPPLER ☐ ARM
☐ ABDOMINAL ☐ LEG

CARDIAC ULTRASOUND:

- ☐ ECHOCARDIOGRAM
☐ TRANS-ESOPHAGEAL ECHOCARDIOGRAM

G.I. TRACT (LHO by specialist referral):

- ☐ BARIUM SWALLOW
☐ UPPER GI SERIES
☐ WATER SOLUBLE ENEMA

G.I. TRACT (LHAP):

- ☐ BARIUM SWALLOW
☐ UPPER GI SERIES
☐ SMALL BOWEL FOLLOW THROUGH
☐ BARIUM ENEMA

G.U. TRACT (LHO by specialist referral):

- ☐ VOIDING CYSTO-URETHROGRAM

CLINICAL
HISTORY: _____

Physician's
Name: _____

Physician's
Signature: _____

Date: _____

DDMMYYYY

CDI8010 REVISED 09DEC2024

☒ Harmonized



CDI8010

PREPARATION INSTRUCTIONS

Appointment Date/Time: _____

Children with parents who are having an X-Ray or Ultrasound Exam will not be allowed in the Exam Room. Please make necessary babysitting arrangements.

Diabetics: Please inform us **at the time of booking** so that an early appointment can be arranged.
Please consult your doctor if you need further information.

Female Patients: If there is a possibility that you are **Pregnant**, please inform your doctor and the technologist. Please try to **book your appointment within the 10-day period following the onset of menstruation**, since the risk of pregnancy is small during this period. If you are scheduled for Obstetric or Pelvis Ultrasound, an internal trans-vaginal exam is recommended.

Upper GI series / Barium Swallow / Small Bowel follow-through

Nothing to eat or drink after midnight on the night before the test. Bring your morning oral medications with you and take them after your test. Do not smoke or chew gum on the day of the test. Expect the Small Bowel follow-through / examination to take a minimum of 2 hours to complete.

Barium Enema: You may continue to take your regular medications with a sip of water.

Adult: Dulcolax (3 tablets) and PICO-SALAX (2 sachets) ordered by the patient's physician.

Day before procedure:

After Breakfast drink only clear fluids for the rest of the day, this means no solids or non-clear juices. Drink lots of clear fluids to avoid dehydration (very important). Clear fluids include water, apple juice, cranberry juice, sprite, ginger ale, Jell-O, black tea, black coffee, clear sports drinks like Gatorade (non red), clear soups (bouillon/broth) or clear coloured popsicles.

At 3 PM (15:00 hrs): Take three Dulcolax tablets.

At 8 PM (20:00 hrs): Take first sachet of PICO-SALAX mixed in water as described below. Empty the contents of the sachet into a mug. Add 150mL of cold water and stir for 2-3 minutes. The solution may become hot, if it becomes hot wait until it cools sufficiently to drink.

It is important to drink, at least a large glass of water (250mL) of water or other clear fluids preferably Gatorade (non red) every hour while the effects of PICO-SALAX persist.

Morning of procedure

At 5 AM (05:00 hrs): Take second sachet of PICO-SALAX mixed in water as described above. Clear fluids are permitted up until 3 hours before the procedure.

Mammography:

Do not use deodorant, powders or creams on breasts or underarms the day of the examination. If you have had **PREVIOUS MAMMOGRAMS ELSEWHERE** it is important that you **BRING THEM** to this appointment. Please do not be alarmed if additional films or ultrasound is necessary at the time of your visit or by call back.

Ultrasound: You may continue to take your regular medications with a sip of water.

Abdominal Ultrasound

Nothing to eat or drink after midnight on the night before the test.

Afternoon appointment – you may have a FAT FREE (no cream, milk or fat) breakfast before 9 a.m.

Have nothing to eat or drink after 9 a.m.

Pelvic Ultrasound

Do not empty your bladder 2 hours before examination time.

No extra fluid required. Normal diet.

Abdominal and Pelvic Ultrasound (both done on the same day appointment)

Follow instructions for Abdominal Ultrasound, BUT do not empty your bladder 2 hours before examination time.

Obstetrical Ultrasound

Do not empty your bladder 2 hours before examination time.

No extra fluid required. Normal diet.

