

Active Breathing Coordinator (ABC) Nose Clip

This handout offers information on the nose clip you need for your radiation treatments. A nose clip helps you hold your breath during your radiation treatments.

The nose clip provided by your radiation therapy team did not fit your nose. We need your nose clip to fit well and stay in place during your radiation treatments.

We need you to buy a nose clip that fits well. You can find nose clips at any sporting goods store. Some people use nose clips when swimming. The cost for a nose clip is about \$10.

Bring your nose clip with you to each of your radiation treatments. Talk to a member of your radiation therapy team if you have questions about this.



Picture of a nose clip

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