

Getting ready for your stay

Please bring:



Health Card



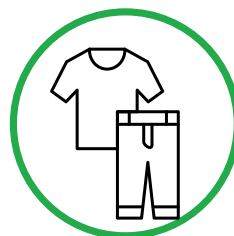
Drug Card
Insurance



All Medications



Vitamins



Comfortable
clothing



Pajamas



Glasses and
hearing aids



Books,
Magazines



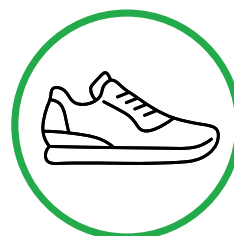
Activity
Books



Toiletries



Important
Contacts



Shoes
with a grip

- If you do not have a drug card or insurance, please bring in money to pay for the cost of medications.
- All medications and vitamins must come in the original labeled bottle or package and be given to the staff right away.
- Methadone/Suboxone will need to be taken before you come in on the first day of your stay.

Please do not bring:



Cell phone or
tablet



Vape



Smart Watch



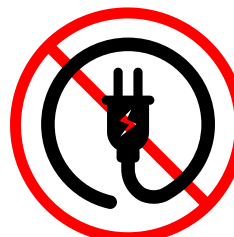
Video game
consoles



Cologne or
scents



Weapons or
Sharp objects



Anything that
has to be
plugged in



Pillows or
bedding



Outside food
or drinks



Personal
bottles



Drugs or
Alcohol



Stuffed
Animals

- Personal phones will be stored in the staff office as needed, but all other electronics and extra personal belongings may be stored in a locked shed on the outside of the building.
- There is no vaping. You may bring in extra cigarettes.

Please speak with us if you have any questions.