

## Holiday Food and Gift Hamper Programs

The holidays can be stressful and overwhelming for anyone. There are community organizations that offer help during the holiday season. Go to [www.211ontario.ca](http://www.211ontario.ca) to find other food and support programs offered close to where you live.

This list is for information only. The Central East Regional Cancer Program does not represent or support any individual organization on this list.

Location	Organization	For more information
<b>Ajax-Pickering</b>	Salvation Army	As of Monday, November 4, call to register and book an appointment at (905) 427-7123.
<b>Bewdley</b>	Community Works in Hamilton Township	Register in person on Thursdays from 10am to 3pm at 7060 Lake St., Bewdley. Call 905-375-8465 for more information until November 28.
<b>Brighton</b>	The Salvation Army Community and Family Health Services	Beacon Youth Centre, 10 Alice Street, Unit #5 Brighton. Application period: Thursdays from 1 to 4 pm between November 7 and December 5. Call 289-251-5758 for more information. Deadline is December 5.
<b>Campbellford (KOL 1L0 only)</b>	St. John's United Church	Call 705-653-2283 for more information or to register. The last day to register is November 22.
<b>Clarington area (includes Bowmanville)</b>	Clarington East Food Bank	Call 905-987-1418 for more information or to register. Register in person at 250 Mill St. South on Tuesdays from 11am to 2pm or 3 to 6pm and Thursdays from 11am to 2pm.  Hamper pick up is on December 14 at Newcastle United Church. Each hamper includes gift cards to help purchase food, stockings, and gifts. Everyone also receives a Christmas dinner of either turkey, ham or Halal chicken
	Salvation Army	Register online at <a href="http://sabowmanville.ca/register">sabowmanville.ca/register</a> . Call 905-623-2185 for more information or to make an appointment.
<b>Cobourg/ Northumberland County</b>	Salvation Army	Register in person on Tuesdays and Thursdays from 9 am to 12 pm at 59 Ballantine Street, Cobourg. Call 905-373-9440 for more information or to register. Application period is from November 5 and December 5.

Location	Organization	For more information
	Fare Share Cobourg	Register on Wednesdays from 9:30am to 12:30pm and 5:30 to 8pm, or Fridays and Saturdays from 9:30am to 12:30pm at 700 D'Arcy Street, Building 19, Cobourg. Call 905-372-5308 for more information or to register.
<b>Colborne</b>	Colborne Legion	Register before December 11 on Mondays and Wednesdays from 1 to 5 pm at the Colborne Legion, 92 King Street East.
<b>Grafton</b>	St. Vincent de Paul	Call 905-377-3263 and leave a message.
<b>Hastings/ Roseneath</b>	Hastings/Roseneath Foodbank	Register in person at 3 Albert St. W., Hastings before November 26. Call 705-761-9769 for more information.
<b>Lindsay and Fenelon Falls area</b>	Salvation Army	<p>Register in person at 30 Peel St, Lindsay between November 1 to 22 on Wednesdays from 9:30 am to 1pm, Thursdays from 9:30 am to 1pm, and Fridays from 11am to 2:30pm. Enter through the side door, not through the Thrift Store. ID will be required for all members of the household, as well as proof of income and expenses. People who have a food bank appointment at The Salvation Army between Nov. 1 to 22 will be able to register for a hamper at their appointment.</p> <p>Register for Christmas assistance over the phone by calling 705-887-1408 or in person at 42 Bond Street West in Fenelon Falls from Monday to Thursday between 10 am and 3 pm. Registration deadline is December 2nd. Distribution of food and toys will take place the week of December 16<sup>th</sup>.</p>
	Lindsay Kinsmen Club	<p>Offering toy Hampers. Register online before December 13 at <a href="https://docs.google.com/forms/d/e/1FAIpQLSfFe8MMnilzjt7IG5FaDSP6fgEq8V7XXyRNCR6KfHRTjyPVzw/viewform?vc=0&amp;c=0&amp;w=1&amp;flr=0">https://docs.google.com/forms/d/e/1FAIpQLSfFe8MMnilzjt7IG5FaDSP6fgEq8V7XXyRNCR6KfHRTjyPVzw/viewform?vc=0&amp;c=0&amp;w=1&amp;flr=0</a>.</p> <p>Families will be invited by email or text message the weekend of December 21st and 22nd to pick-up toys. Details for specific pickup date and time will be sent out by Monday December 16th, 2024.</p>

<b>Location</b>	<b>Organization</b>	<b>For more information</b>
<b>Oshawa</b>	Salvation Army	Register online beginning November 7 at <a href="https://saoshawa.ca/christmas-registration">saoshawa.ca/christmas-registration</a> . Call 905-723-7422 for more information.
	Simcoe Hall Settlement House	Food and toy registration is online at <a href="https://simcoehall.com/programs/seasonal-programs/holiday-hamper-program">simcoehall.com/programs/seasonal-programs/holiday-hamper-program</a> . Toy distribution dates are by appointment only between November 5th to November 29th from 9:30 am to 12pm and 1 to 3:30 pm Tuesday to Friday. Food distribution begins December 3rd to December 20th. Pick up days will be by appointment only on Tuesdays from 10 am to 12 pm and 1 to 3:30 pm. Wednesday to Friday the hours are 9 am to 12 pm and 1:00 pm to 3:30 pm.
<b>Peterborough</b>	Salvation Army	Call 705-742-4391 extension 2, leave a clear detailed message including your name and phone number. Someone will return your call as soon as possible. Pick up for Christmas will be between December 9 to 20, 2024 between 9:30 am and 3:30 pm at 219 Simcoe St., Peterborough.
<b>Port Hope and surrounding area</b>	Salvation Army	Register in person Mondays and Fridays from 9am to 12pm at 100 Peter St., Port Hope. Call 905-885-2323 for more information or to register. Registration is between November 4 and December 6.
	Fare Share Port Hope	Register in person Wednesday from 9:30 am to 12:30pm or 5 to 7:30pm at Port Hope United Church, 34 South St., Port Hope. The deadline to register is December 4.
<b>Port Perry</b>	Operation Scugog	Call 905 985-3087 or email <a href="mailto:operationscugog@gmail.com">operationscugog@gmail.com</a> to register.
<b>Warkworth</b>	7 Hills Community Pantry	Call 705-924-2077 to register until November 29.
<b>Whitby</b>	Salvation Army	Call 905-430-3454 for more information or to register.

Bring these items to register:

- Identification for each member of your family
- Proof of address
- Proof of your rent/mortgage payments
- Proof of your income
- Proof of your child tax benefit.

In most communities, you can only register with 1 organization. Contact churches or other organizations in your community for information about free holiday events and activities for you and your family.

*This handout was created by the Patient Education Program at the Durham Regional Cancer Centre/Lakeridge Health. It was last reviewed in November of 2024.*