

Patient Education Pathway: Palliative Radiation Therapy

Patient Education/Resource To Be Delivered	When Is It Delivered	Who Delivers It
<p>Send the 'radiation treatment' smart phrase template to the patient's MyChart account using EPIC in-basket (Send email template as an alternate for patient's without MyChart).</p> <p>Content includes:</p> <ul style="list-style-type: none"> The link to the Your Guide to the Durham Regional Cancer Centre (DRCC) booklet. Provide paper copy when patient next seen in person. Links to the radiation therapy teaching videos. <p>The link to the Radiation Therapy – A Guide for People with Cancer booklet (Canadian Cancer Society) is included in these templates as an FYI only.</p>	At consult	DRCC nurse
Your First Visit to the DRCC handout	If first consult appears at a partner site location	RO/nurse
When RO requests IV Contrast (*note exception for Liver, Kidney and Pancreas SBRT)		
Your Planning CT Scan with IV Contrast handout.	At initial consult	RO/ nurse
SBRT to the Abdomen (Liver, Kidney Pancreas) When IV contrast requested, patient is to follow preparation instructions in "SBRT to Your Abdomen" handout as these incorporate the special eating instructions and preparation for IV contrast (do not provide patient with 'Your Planning CT Scan with IV Contrast' handout or 'Special Eating Instructions').		
Stereotactic Body Radiation Therapy (SBRT) to Your Abdomen handout.	At initial consult	RO/ nurse
SRT/SRS		
Stereotactic Radiation Treatment to the Brain handout.	At initial consult	RO/ nurse

SBRT to the Spine		
SBRT to Your Spine handout	At initial consult	RO/ nurse
All Sites		
Review any preparation instructions (as applicable).	Phone call day prior to CT Simulation	radiation therapist
Provide to patient as applicable: <ul style="list-style-type: none"> • Having Radiation Therapy to Manage Your Symptoms handout • Radiation Therapy to the Abdomen handout (for patients receiving Liver, Kidney and Pancreas SBRT treatment) • Radiation Therapy to the Brain handout • Confirm receipt of Stereotactic Radiation Treatment to the Brain handout 	CT Simulation	radiation therapist
Managing your Heartburn/GERD handout (as required).	Treatment	radiation therapist/nurse
Managing Your Shortness of Breath handout (as required).	Treatment	radiation therapist/nurse

Last reviewed: December 2024